# Class 12: Consumer/Individual and Family Perspectives

Sociology of Mental Illness

#### **Announcements**

- Grades are up
  - o Check them and talk to me if you have questions.
- Extra Credit
- Quiz today
- Quiz on Oncourse Monday from 7 a.m. to 6:30 p.m.
- Paper grades will be posted Monday evening
- Exam and Review Stuff

#### Exam & Review Session

- Optional Review Session, BH 205 (NEXT DOOR!), 6:30-7:
   30 p.m. on Tuesday, August 10
- Exam will be held in the Library 503 at 6:30 p.m. on Wednesday, August 11
- Those of you who want an Open Book exam will be able to come in and take it online on Oncourse. It will be timed for 2 hours.
- There is also the option to take a Closed Book, untimed exam (same room, same time). It will be the same as the Oncourse exam, except it will have fewer questions. (The lab closes at 10.)
- You will be welcome to look over both versions of the exam and decide which one you would rather do when you arrive in the exam class.

### Extra Credit?

# The Medicalization of Psychopathy

#### Identities and Nomenclature

- In psychiatric hospitals: "mental patients"
- Antipsychiatry position taken by some: "psychiatric survivors"
- In community mental health centers: "clients"
- In consumer movement in the United States, beginning in 1980's: "consumer"
- In the United Kingdom: "users," as in "service users"
- Increasingly there is an emphasis on "personfirst" language: "person with a mental health problem, person affected by schizophrenia"

## Why does it matter what you call someone?

Alternatively, if you don't think it matters, why do you think others do?

#### Social Movements & Collective Identity

- Social Movements are "sustained and intentional efforts to foster or (slow) social changes, primarily outside the normal institutional channels encouraged by authorities"
- Collective Identity is "the shared definition of a group that derives from its members' common interests, experiences, and solidarities. It is the social movement's answer to who we are, locating the movement within a field of political actors. Collective identity is neither fixed nor innate, but rather emerges through struggle as different political actors, including the movement, interact and react to each other"

(Blackwell Encyclopedia of Sociology)

#### Perspectives: Social Movements

- What does McLean credit with spurring the expatient/consumer movement?
- McLean separates groups as "rights to gain treatment" and "rights to refuse treatment." What are examples of groups in either category?
- What were some of the ways that groups communicated with one another?
- McLean exposes an apparent irony in the successful "consumer" movement. Did you see it?
- How does the US experience vary from that of the European social movements?

#### Perspectives: Social Movements

Sometimes can be seen reflected formal organizations

- o "Consumer" Movement
  - Mental Health America
- o "Peer" or "Self-Help" Movement
  - Recovery, Inc.
- o "Psychiatric Survivor"/"Mad Pride"
  - MindFreedom International
- o "Civil and Legal Rights" Movements
  - National Association for Rights Protection and Advocacy
  - Bazelon Center for Mental Health Law
- o "Family" Movements
  - National Alliance on Mental Illness
- o "Need for treatment advocates"
  - Treatment Advocacy Center

#### Rights to Gain or Rights to Refuse?

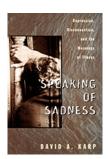
- o "Consumer" Movement
  - Mental Health America
- o "Peer" or "Self-Help" Movement
  - Recovery, Inc.
- o "Psychiatric Survivor"/"Mad Pride"
  - <u>MindFreedom International</u>
- o "Civil and Legal Rights" Movements
  - National Association for Rights Protection and Advocacy
- o "Family" Movements
  - National Alliance on Mental Illness
- o "Need for treatment advocates"
  - <u>Treatment Advocacy Center</u>

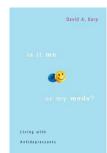
#### Perspective: Illness & Identity

David Karp's argument for the socially constructed nature of illness identity identifies four common "turning points" for individuals:

- 1. Period of inchoate feelings
- 2. Concluding something is really wrong with me
- 3. A crisis stage that leads to experts/treatment
- 4. Coming to grips with an illness identity

What are some of the ways in which people experienced those stages?





Why does Karp think this is important work:

Sun	Mon	Tues	Wed	Thur	Fri	Sat
June 20	1: Intro		2: Perspectives			
June 27	3: Social Epidemiology Paper assignments out		4: Medicalization Review for first exam			
July 4	CANCELED - IUB holiday		ONLINE EXAM 1			
July 11	5: Stigma		6: Social Roles			
July 18	7: Stress		8: Social Problems			
July 25	9: Social Problems, Cont.		10: Treatment			
August 1	11: PAPER DUE Psychopathy and Sociopathy		12: Perspectives on Illness: Self and Family			
August 8	13: Recovery	REVIEW!	IN CLASS FINAL EXAM			

#### For Monday

## Mon, Aug 9: Recovery from, Recovery in Mental Illness Before this class:

- From Ex-patient Alternatives to Consumer Options: Consequences of Consumerism for Psychiatric Consumers and the Ex-patient Movement, McLean, pg 795
- Excerpts from the executive summary of the President's New Freedom Commission on Mental Health's final report, pg 843